

An invitation to attend...  
**The Rocky Mountain State Games**  
Saturday, July 31 and Sunday, August 1, 2010

We would like to invite you to attend the Rocky Mountain State Games on Saturday, July 31<sup>st</sup>. This is an exciting event in Colorado Springs.

On Friday night at 4:00, there will be pre-game festivities and at 7:00 pm, we will be part of an opening ceremony where athletes march-in to the World Arena and there is a big ceremony to get the athletes ready for their big day. On Saturday, we will be offering a boys meet – all levels through 8 (for this meet you can use your old USAG # and this will not be a qualifier just a fun meet to support our sport). On Sunday, we will be offering the girl's competition. On Sunday morning 10 am, we will offer a non-sanctioned session where any gymnasts all levels can compete. At 2 pm a USAG compulsory 4 and at 6 pm USAG compulsory 5, 6 and optional. The afternoon and evening session on Sunday will be USAG sanctioned. (Please see the following page for more detailed info.)

This meet will count as a qualifier or you can use it as a mobility meet but the athlete's USAG # must be renewed by August 1<sup>st</sup>. USAG athlete forms are available online on the USAG website. The meet fee is \$50 and you can register by team or individual. SunDance will be hosting this event.

Keep your athletes in shape and involved -- please join us for a fun weekend and a great way to support our sport. Call in your numbers ASAP. Payment will be due by July 9<sup>th</sup>.

**Commissioner:** Kathy Clowes, [kathyclowes@hotmail.com](mailto:kathyclowes@hotmail.com)

**Competition Site:** The SunDance Studio, 1450 Cipriani Loop, Monument, (719) 481-8208

**\*\* Spectator admission will be charged at this site.**

**Competition Date:** Saturday, July 31 & Sunday, August 1

**Participant Entry Fees and Deadlines:**

Early Registration (if registering by team, please do so before June 15th) all individuals July 9th;

Fee: \$50 for one or all events

Registration Deadline (July 16); Fee: \$60 for one or all events

Gender	Divisions
Female (Up to level 10)	Compulsory 4
Male (Up to level 8)	Compulsory 5
	Compulsory 6
	Optional 7
	Optional 8
	Optional 9
	Optional 10

**Note:** Age determination date is **July 31, 2010**. Female's can compete up to level 10 & male's can compete up to level 8.

**Competition Rules and Format: This is a USA Gymnastics sanctioned tournament.** Competition follows USA Gymnastics guidelines ([www.usa-gymnastics.org](http://www.usa-gymnastics.org)). All athletes will automatically be entered in the all-around competition. Event and all-around medals will be awarded, but there will not be a separate all-around competition. Ties will be broken according to USAG rules and policies. Medals will be awarded in each event for 1st - 3rd place in each age group. All other competitors will receive a participation medal. Age breakdowns within levels will be determined after entries are received. Commissioner reserves the right to break out level based on participation. When registering, please indicate coach and contact information and club name or high school in the sport-specific section of the registration form. **Coaches must have a USAG professional membership and must be safety certified in order to be allowed on the floor.**

The meet will include guest appearances by several Olympic Champions. This event could be used as a mobility meet. Keep your team in the gym this summer. What a great pre-season meet!!

**\*The RMSG has a NO REFUND policy.**

**Competition Schedule:** (Tentative)

Friday, July 30 - Opening Ceremony Activities

4:00 p.m. - Pre-Opening Ceremony Festivities begin at the World Arena

6:00 p.m. - Opening Ceremony Gates open

7:00 p.m. - Opening Ceremony begins

Saturday, July 31: (Tentative) Boy's Competition

- 9:00 a.m. – Compulsory 4 and 5
- 2:30 p.m. – Compulsory 6 and Levels 7 & 8

Sunday, August 1 – (Tentative) Girl's Competition

- 8:00 a.m. – Compulsory 4
- 12:30 p.m. – Compulsory 5 and 6
- 5:30 p.m. – Optional 7- 10

